

# My Jungle Adventure

## Additional Activities

### Lessons 1-9

All additional activities for these lessons are found in the Teacher Guide.

### 10. Faithfulness

#### Proverbs 3:3 Phylacteries

**Supplies:** film canister (or a small plastic bag), a length of string for each child.

Before class, poke a small hole in the bottom and the lid of each film canister. Proverbs 3:3 says to bind love and faithfulness around your neck and write them on the tablet of your heart. (Some translations say mercy, truth, loyalty, and/or kindness.) Some Jews still tie phylacteries—small containers with verses inside—around their arms and foreheads in accordance with Deuteronomy 6:8. Have the children copy Proverbs 3:3 onto a small piece of paper and place it inside the film container. Now they can actually bind this verse around their neck or their arm or forehead. Remind the children that it's most important to have God's word in our hearts.

#### Faithfulness Word Game

Write the word "faithfulness" in big letters on the board. Give each student a pencil and paper and tell them they have two minutes to write down as many words as possible that can be formed from the letters in this word. Time them, and to find the winner, have students read their lists one at a time. Everyone crosses off all words that appear on someone else's list, and whoever has the most original words is the winner. Or, whoever has the greatest number of words is the winner.

### 11. Gentleness

All additional activities for this lesson are found in the Teacher Guide.

### 12. Self-Control

SPARK INTEREST—Age 6-12 Activity

#### Showing Self-Control

*This object lesson demonstrates that self-control is a choice.*

**Supplies:** balloons

Choose two volunteers and before class meet with them and explain their roles in the demonstration. One student will not pop the balloon and the other student will pop the balloon after you offer money. Blow up two balloons and tie them shut tightly. **Self-control can be very difficult sometimes and other times it can be very easy. But self-control is always a choice.** Set the two balloons in front of your volunteers. Tell both of your volunteers that they should not pop the balloon. **Self-control does not give in to the temptation to do something that you've been told not to do.** Begin to offer small rewards such as a piece of candy, a chance to play a video game, and then offer money. After the volunteer pops the balloon, **[Child name] made the choice to stop restraining him/herself and pop the balloon. What are some situations where you have lots of self-control? What are some situations where you have very weak or no self-control? The Holy Spirit lives inside Christians to help them choose self-control—He's God's special secret to succeed in self-control!**

#### EXPLORE SCRIPTURE—Bad Habit Descriptions

- nail biting: shows nervousness, can chew the nail too short and it causes pain or bleeding; think about something other than your nails, pray out loud with your hands folded so you won't be tempted to bite your nails
- gossiping: the Bible says not to gossip, it hurts others; choose to say something good about the person that you were going to gossip about, make a rule to not talk about anyone who is not present with you
- too much TV: takes time away from God, many TV shows do not show God's ways and Christians should focus on good things and Christlike behaviors; go to a room without a TV and read the Bible, put allowance money in a jar each time you watch a program and give the money to missions
- junk food: unhealthy for your body and your body is God's temple; get a piece of fruit and review the fruit of the Spirit



- interrupting: rude, shows that you are not focusing on others; only talk when there is silence from the others, listen carefully to what people are saying and think about what they are saying—not what you want to say
- pencil-chewing: ruins pencils, unhealthy germs on the pencil; chew gum when doing your homework so you don't chew the pencil, focus on the school subject you are writing about and pray out loud asking God to help (keeps your mouth busy so you can't chew the pencil)
- laziness: the Bible says not to be lazy, shows self-centeredness because it makes others do more than they should do; memorize verses about laziness to quote when you feel lazy, choose to volunteer to help others
- fidgeting: disrupts others, keeps you from listening; fold your hands and pray when you feel fidgety, sit on your hands to keep them from fidgeting with something
- temper tantrums: shows disrespect, can hurt yourself, things, or others; count to ten and say ten things you are thankful for, pray for children around the world who do not have the things that you are blessed with