

My Jungle Adventure—Disciple Guide Answer Key—Lesson 1



My Jungle Adventure—Disciple Guide Answer Key—Lesson 1

The Fruit Formula

Before a seed produces fruit, it must die.

How do people produce fruit?

The Bible says that Christians are "dead," too. We died with Jesus on the cross. Look!

Explain these Bible verses in your own words.

ROMANS 6:6

Our old sinful selves dies with Christ. We don't have to be slaves of sin anymore.

GALATIANS 2:20

My sinful self died, and Christ became alive in me. Now my whole life is faith in Christ who died for me.

The FRUIT FORMULA

MY DEATH TO SELF + JESUS' LIFE IN ME = SPIRITUAL FRUIT

2

Fruit Facts

USE YOUR BIBLE TO FIND WORDS FROM THE BACKPACKS THAT COMPLETE THE SENTENCES.

LASTS

JESUS

FRUIT

100

DIE

We can tell if a tree is good or bad by looking at its **fruit**. (Matthew 12:33)

One seed growing in good soil can produce **100** more seeds. (Mark 4:20)

Before a seed can produce fruit, it must **die**. (John 12:24)

To produce fruit we must abide in* **Jesus**. (John 15:4)
(*remain in, stay close to, obey)

Jesus' followers produce fruit that **lasts**. (John 15:16)

Growing spiritual fruit makes sense!

Tell how you can produce fruit.

answers will vary

3

HEART BEAT

Ask a trusted friend or family member to tell you what spiritual fruit he or she has seen in your life.
Write the answer here:

answers will vary

XPLORE MORE

PEOPLE WHO TRUST THE LORD ARE LIKE TREES.
Complete the drawing below to show what Jeremiah 17:7-8 says about being like a tree.

BIBLE VERSE

BEARING FRUIT
JOHN 15:5

4

How to Remain in Jesus

VINE TIME

Hang on to the vine, Cy!

Wow! Look at those big grapes!

The branches know the secret to growing these huge grapes.

DISCOVER THE SECRET!
Read John 15:1-8 and match the following:

THE VINE	X	GOD THE FATHER
THE GARDENER	X	JESUS CHRIST
THE BRANCH	—	THE CHRISTIAN

Bonus—look harder!

WHAT'S THE VINE'S JOB? **give life to the branches**

WHAT'S THE BRANCH'S JOB? **bear fruit**

WHAT'S THE GARDENER'S JOB? **prune the branches to bear more fruit**

MY JUNGLE ADVENTURE • LESSON 2

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My Jungle Adventure—Disciple Guide Answer Key—Lesson 2

Glued to Jesus

Unscramble these words to find out how to stay connected.

1. Read the **LEBBI Bible** every day.
(Joshua 1:8)
2. **LAKT talk** and **LENSIT listen** to God.
(John 15:7)
3. Admit your **NISS sins** to God.
(1 John 1:9)
4. Choose good **DRENIFS friends**.
(Proverbs 18:24)
5. Say yes to **ESSUJ Jesus** and no to self.
(John 15:14)

Help! I'm stuck!

WHEN JESUS DIRECTS OUR LIVES, HE PRODUCES SPIRITUAL FRUIT.

Draw a picture of what happens when we lose our connection with Jesus.
(Hint: See John 15:5.)

answers will vary

GREED

JOY

LAZINESS

KINDNESS

LYING

6

6

Pruned to Grow

Yikes! What are you doing to that branch?

I'm pruning it. Removing some branches helps the other branches grow better fruit.

Doesn't that hurt the vine?

It hurts a little, but it also helps. Like going to the dentist—it hurts, and it helps.

FIND FIVE DEAD BRANCHES ON THESE TWO PAGES THAT CARLOS CAN CUT OFF.

LOVE

PEACE

GOSIP

7

7

If you belong to Jesus, He wants to prune you!
Name one thing God has already pruned in your life.

What else might He prune? **answers will vary**

Stay glued to Jesus!

HEART BEAT

X-PLORER MORE

IF YOU'RE CONNECTED TO THE VINE...

Your **prayers** will be answered (John 15:7).

You'll experience **joy** (John 15:11).

You'll **love** other people (John 15:12).

GRRR!

BIBLE VERSE

ABIDING IN JESUS
JOHN 15:10

8



How to Live by the Spirit

FLESH or SPIRIT

Stay close to me, kids, and watch out for snakes! We're gonna need that Fruit Formula today, so let's review it.

MY death TO SELF + JESUS' life IN ME spiritual FRUIT

WHAT SHOULD CHRISTIANS KILL?
(Read Galatians 5:24.)

Christians crucify the **flesh** with its **passions** and **desires**.

MY JUNGLE ADVENTURE • LESSON 3

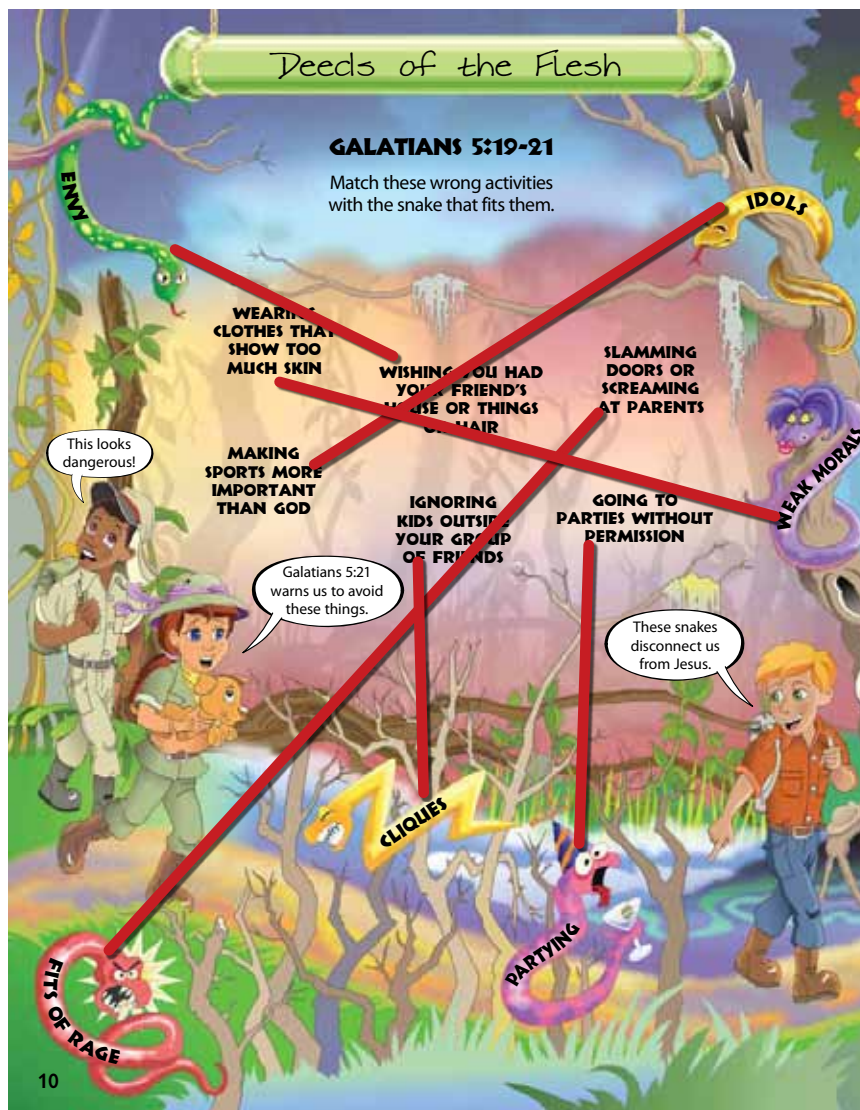
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Explain that passions and desires can glorify God, but those of the worldly self (greed, self-gratification, etc.) are sinful.



My Jungle Adventure—Disciple Guide Answer Key—Lesson 3



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11



Fruit is the visible evidence of God's invisible power source—the Holy Spirit!

HEART BEAT

GROWING THE FRUIT OF THE SPIRIT STARTS WITH MEMORIZING GALATIANS 5:22-23.

Initial a banana each day you recite these verses this week.

answers will vary

XPLORE MORE

Galatians 5:25 tells us to "live by the Spirit" and "keep in step with the Spirit."

Choose the words that tell how to let the Holy Spirit direct your life.

ROMANS 8

Set your mind on **SPIRITUAL** / **WORLDLY** desires (verse 5).

The Spirit-directed mind brings **DEATH** / **LIFE** (verse 6).

God's Spirit lives **INSIDE** / **OUTSIDE** you (verse 11).

God's Spirit makes you **SLAVES OF FEAR** / **SONS OF GOD** (verse 14).

BIBLE VERSE

FRUIT OF THE SPIRIT
GALATIANS 5:22-23

12

12

How to Love Everyone

LOVE

Bananas! I loooove bananas!

I'd like one, too.

I found them. These are ALL mine!

Don't just love bananas; love people, too.

List things or people that you love.

answers will vary

bears all things

kind

patient

doesn't boast

rejoices in

isn't jealous

hopes all things

not rude

truth

Write phrases that describe God's love from 1 Corinthians 13:4-7.

MY JUNGLE ADVENTURE • LESSON 4

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My Jungle Adventure—Disciple Guide Answer Key—Lesson 4

God Commands Us to Love

How can God command us to love?

It's the **GREATEST** commandment of all!

WHO DO WE LOVE?	
God (Mark 12:30)	with all our heart, mind, (Mark 12:30)
others (Mark 12:31)	soul, strength (1 John 3:17-18)
	as ourselves

Love is more than what we feel; it's what we do and say.
Write a loving response to these sneaky snakes.

answers will vary

This is a dumb hike.

I don't like you.

I'm better than you are.

answers will vary

Isn't that girl ugly?

answers will vary

14

14

God Loves People Through Us

Remember what we learned about being a branch?

Loving some people seems impossible.

If we stay glued to Jesus, He will love people through us.

crossword puzzle:

- Across:
 - 2 loves
 - enemies
 - greatest
 - fails
- Down:
 - 1 heart
 - 3 comes
 - 4 n
 - 5 a
 - 6 y
 - 7 d

LOVING THE UNLOVABLE

ACROSS

- We love God because God _____ us (1 John 4:19).
- We should love even our _____ (Matthew 5:44)!
- Loving God is the _____ commandment (Matthew 22:37-38).
- Love never _____ (1 Corinthians 13:8).

DOWN

- God poured His love into our _____ (Romans 5:5).
- A person who loves Jesus _____ His commands (John 14:21).
- Jesus _____ us to love each other (John 15:17).
- Love is not just what we _____, it's what we do (1 John 3:18).

15

15



HEART BEAT

What person is hard for you to love (or even like)?
Write that person's initials here:

Think about the **FRUIT FORMULA**.
Ask God to fill you with His love for that person. He will show you one way to love him or her.
Write it here:

Look up these verses in your Bible. Write down what they say about love.

VERSE	LOVE...
1 Matthew 5:44	your enemies
2 John 13:35	each other
3 John 14:15	Jesus

LOVE
JOHN 15:12-13

16

16

How to Rejoice Always

JOY

This feels great!

Come on, Laura!

It looks too cold for me.

JOY IS A POSITIVE ATTITUDE THAT'S BASED ON GRATITUDE.
Because the Lord has done great things for us, we are filled with joy (Psalm 126:3). List several things you can thank God for.

answers will vary

I'm thankful for my dog, Chip!

MY JUNGLE ADVENTURE • LESSON 5

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My Jungle Adventure—Disciple Guide Answer Key—Lesson 5

Choose Joy

Can I be joyful even when I don't feel like it?

Yes—especially when you don't feel like it! Just like love, joy is more than a feeling. Joy comes from being close to Christ.

WHOSE JOY IS IN US?
(Read John 15:11.)

Color all the spaces that have one dot.

JESUS

Read 1 Peter 1:6-7 and look at this picture.

Tell what happens to **GOLD** when it is refined.
impurities are removed

Tell what happens to your **FAITH** when you go through trials.
our faith is refined and proven to be real

Rejoice in your trials!

18

18

Choose Laughter

I love to laugh!

And you love to play jokes.

Laughter that pleases God...

- never hurts another person (Ephesians 4:29).
- is not dirty or crude (Ephesians 5:4).

A joyful heart is good medicine (Proverbs 17:22)

WHAT STARTS WITH T, ENDS WITH T, AND IS FILLED WITH T?

WHAT DO YOU GET WHEN YOU CROSS A SPIDER WITH A COMPUTER?

WHO CLEANS A FISH'S ROOM?

WHERE DO SHEEP GET THEIR HAIR CUT?

Try to solve each riddle!

19

19





HEART BEAT

SMILES AND TRIALS

What makes you smile?

What is the hardest trial?

answers will vary

Read Romans 5:3. How might God turn your trial into a smile?

Psalm 100 tells us how to be filled with joy. Complete each verse.

VERSE 1: Shout with **joy** to the Lord.

VERSE 2: Serve the Lord with **gladness** and **singing**.

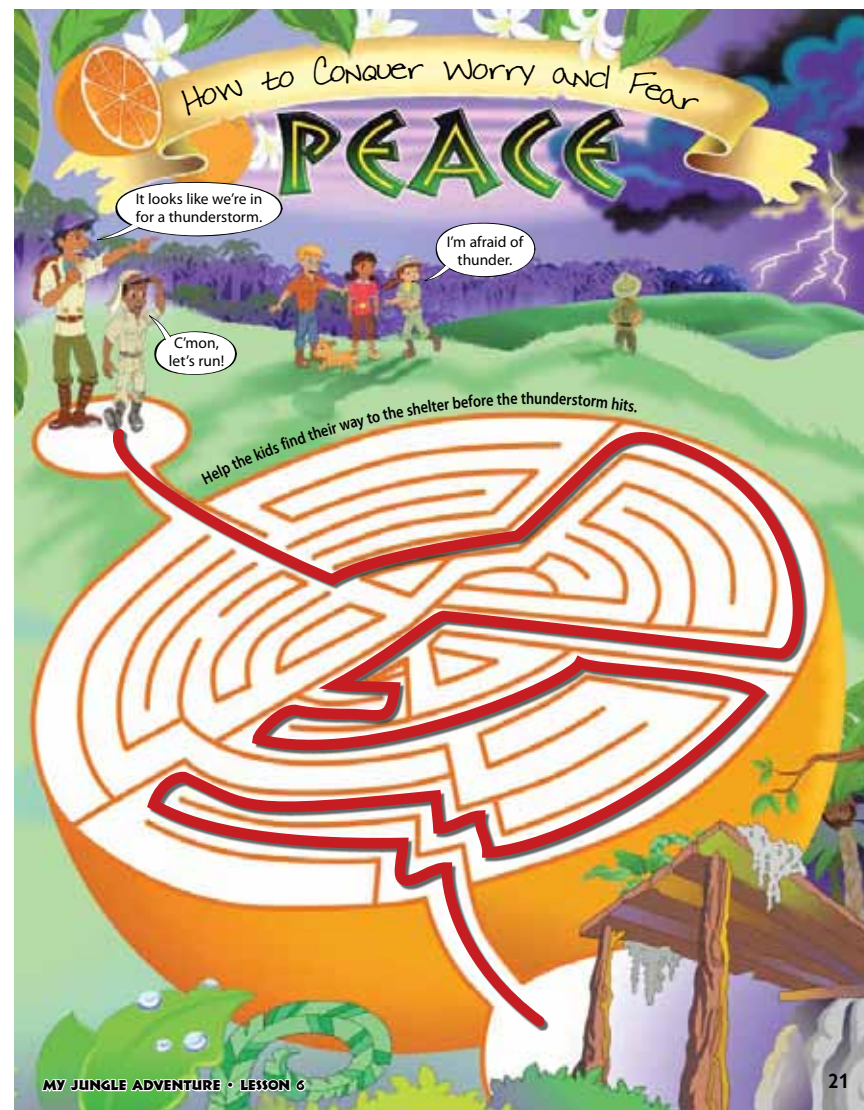
VERSE 3: We belong to the **Lord** who made us.

VERSE 4: Worship the Lord with **thanksgiving**.

VERSE 5: The Lord shows His **love** and **faithfulness**.

JOY
JOHN 15:11

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How to Conquer Worry and Fear

PEACE

It looks like we're in for a thunderstorm.

I'm afraid of thunder.

C'mon, let's run!

Help the kids find their way to the shelter before the thunderstorm hits.

MY JUNGLE ADVENTURE • LESSON 6

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My Jungle Adventure—Disciple Guide Answer Key—Lesson 6

Calming the Storm

What if a tree falls on us?

What if we get struck by lightning?

Jesus will take care of us. Even storms obey Him!

READ MARK 4:35-41.
What frightened Jesus' disciples at first?

they were afraid they would drown

What did the disciples learn?

with Jesus, they didn't need to be afraid

22

22

Finding Peace

"Do not be afraid" is also a command from God.

You can't trust God and worry about something at the same time. When we trust God, we experience His peace.

It's hard to stop worrying.

Match each verse with a Bible hero who was commanded NOT to fear.

GENESIS 15:1	MARY
JOSHUA 1:9	SOLOMON
1 CHRONICLES 28:20	PAUL
LUKE 1:30	JOSHUA
ACTS 18:9-10	ABRAM

I will not be afraid.

23

23

HEART BEAT

Color the puddles that you sometimes worry about.

HOW I LOOK

SCHOOLWORK

MY FUTURE

THE FUTURE

PSALM 23
Draw a peaceful scene from Psalm 23. Write a title at the bottom of your picture.

PEACE
JOHN 14:27

What do you need to find peace about? (See Philippians 4:6-7.)

Pray to God thankfully!

BIBLE VERSE

EXPLORE MORE

24

How to Endure the Wait

PATIENCE

I've seen rare birds here before. Once I even saw a Tody Motmot!

A Tody what what??

I'd like to see one. Can we?

Maybe, if we're patient. Let's hide and wait.

I'M PATIENT WHEN...

I'M NOT PATIENT WHEN...

MY JUNGLE ADVENTURE • LESSON 7

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My Jungle Adventure—Disciple Guide Answer Key—Lesson 7

Waiting Is Tough

My feet are falling asleep.

Is that a Tody Motmot?

No, that's a Great Potoo.

Ruff-ruff!

How much longer do we wait?

Stop breathing on me!

The Bible talks about two kinds of patience. One, also called "longsuffering," is patience with **PEOPLE**. The other, also called "endurance," is patience in difficult **SITUATIONS**.

Read each Bible verse. Place a **P** beside each verse that describes how to be patient with **PEOPLE**. Place an **S** beside each verse that describes how to be patient with **SITUATIONS**.

P **EPHESIANS 4:2**

P **COLOSSIANS 3:12, 13**

S **2 PETER 3:9** **P**

S **1 PETER 2:20**

P **1 CORINTHIANS 13:4**

S **REVELATION 14:12**

S **JAMES 5:10** **P**

S **PROVERBS 14:29** **P**

S **PSALM 40:1-2**

S **HEBREWS 12:1-2**

26

26

Patience Pays off

Hey, what's that?

That's a Tody Motmot! Look everyone!

Patience pays off, just like Galatians 6:9 says.

Put a number in each egg to check your patience level. **1**=never true about me, **5**=always true about me.

Patience with People	Patience with Situations
I go crazy when I have to wait for someone.	I wish I didn't have to do chores.
I wish my brother or sister would quit bothering me.	I don't like practicing for music or sports; I just like playing.
I get sick of listening to my friend brag.	Every year it feels like Christmas will never come!
I interrupt other people's conversations.	I peek ahead at the last page of a book to see how it will turn out.
I like to take cuts in line.	I try to get by with as little effort as possible.
TOTAL	TOTAL

answers will vary

27

27

There are actually thirteen ways to serve in this puzzle, but kids only need to find twelve.





HEART BEAT

Are you less patient with people or with situations?

answers will vary

Ask God to give you patience in those areas.
Remember, when you pray for patience,
God might give you more opportunities to practice it!
Receive the practice sessions as gifts from Him.

Chip, come back here!

READ JAMES 5:7-8

What do farmers wait for?
**crops to grow,
rain to fall**

What do Christians wait for?
Jesus to return

PATIENCE
1 THESSALONIANS 5:14

X.PLORE MORE

28

28



How to Show You Care

KINDNESS

These bugs bug me!

Cy, the jungle is their home.

We're stronger, so let's be kind to them.

GOD IS STRONG...AND KIND.

Name some creatures that are:

STRONG	WEAK
answers will vary	

Zechariah 7:9-10 tells us to be kind to the **widow fatherless stranger poor** and the _____.

MY JUNGLE ADVENTURE • LESSON 8

29

29

Kindness Rules?

Is it wrong to kill bugs in my house?

No, but don't enjoy watching them suffer.

FRUITY LOGIC
fruit
 IF kindness is a _____ of the Spirit
 (Galatians 5:22)
Christ
 AND people who abide in _____ grow fruit,
 (John 15:5)
kind
 THEN Christians are _____!

Read Matthew 25:35-36.
 Write some ways of showing kindness.

**giving food/drink,
 clothing people,
 caring for the sick,
 inviting people in,
 visiting those in
 prison**

Makes sense to me!

30

Be Cool-Not Cruel

What's the opposite of kind?

Rude! Selfish. Bossy!

COOL **CRUEL**

Help us find these words!

C	L	R	F	S	G	H	T	F	A
N	O	U	H	Z	E	H	N	R	I
I	D	A	F	N	L	E	B	S	I
E	G	R	E	P	M	U	G	I	E
T	E	N	R	T	I	N	J	F	N
E	E	O	O	L	E	L	L	D	L
T	U	A	P	P	O	O	Y	H	E
S	I	M	S	A	E	G	U	R	S
S	O	H	C	E	L	I	M	S	G
C	N	E	T	A	E	R	H	T	O
P	O	L	I	T	E	N	T	R	I
R	E	S	P	E	C	T	F	U	L

compliment
 courteous
 friendly
 generous
 helpful
 caring
 polite
 respectful
 share
 smile

angry
 frown
 hit
 ignore
 insult
 mean
 rude
 selfish
 tease
 threaten


I'll be kind to my little brother!

I'll help that new kid in my class!

Here you go!

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HEART BEAT



Who do you know who needs an act of kindness?

answers will vary

Compliment them. What will you do?

XPLORE MORE

When you are kind, God receives honor!
Read each verse and think of ways you can show kindness to others. Be specific!

Proverbs 14:31 _____

Ephesians 4:32 _____

1 Thessalonians 5:15 _____

BIBLE VERSE

KINDNESS
EPHESIANS 4:32

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How to Make Good Choices

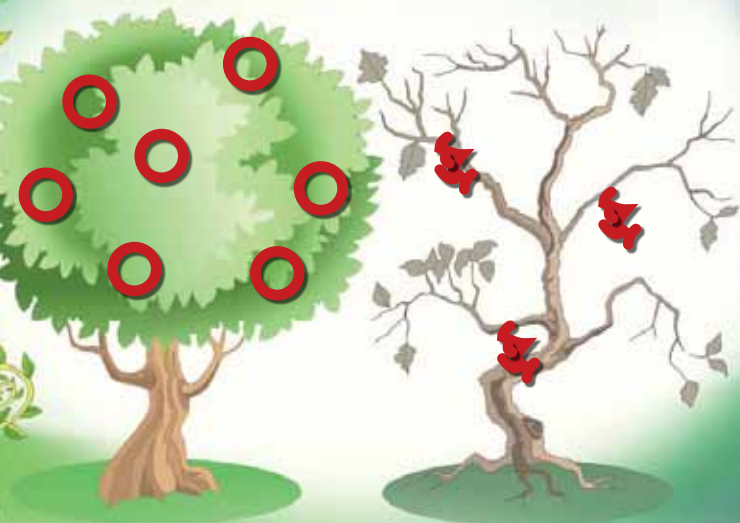
GOODNESS

Yum! This star fruit tastes good.

Yuck! This one tastes terrible!

It must be from a bad tree.

READ MATTHEW 7:16-20. DRAW THE FRUIT THAT WILL GROW ON THESE TREES.



What will happen to the bad tree (Matthew 7:19)?

it will be cut down and thrown into the fire

Our external conduct reflects our Good conduct reveals that God's character is growing inside.

MY JUNGLE ADVENTURE • LESSON 9

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My Jungle Adventure—Disciple Guide Answer Key—Lesson 9

Good Fruit

We grow "good fruit" when we stay close to Jesus.

Oh yeah, what was that verse we learned?

I know! John 15:5

Put these phrases from John 15:5 in order.

3

WE STAY CLOSE TO JESUS.

5

WE GROW PLENTY OF FRUIT.

6

APART FROM JESUS WE CAN DO NOTHING.

4

JESUS STAYS CLOSE TO US.

2

WE ARE THE BRANCHES.

1

JESUS IS THE VINE.

Find the **FRUIT FORMULA** hidden around these 2 pages.

death to self + **life in me** = **spiritual fruit**

MY **self** + JESUS' **me** = **spiritual fruit**

Good Choices

God wants us to make good choices.

What good choices could you make if...

death to self

life in me

Your mom is trying to prepare dinner and your baby brother starts crying.

The girl down the street comes to your house and says, "I just ran away from home. Can I hide here?"

You go to a movie with a friend who says, "We could snort this R-rated stuff instead."

A week after you finish your homework, your dad asks, "Who left my tools out in the rain?"

You spent your lunch money on candy and your mom asks, "What did you eat for lunch today?"

You ride your bike to the corner store with a friend who says, "Let's take some packs of gum—it's easy."

Don't be overcome by **evil** _____, but overcome **evil** _____ with **good** _____ (Romans 12:21).

HEART BEAT

DRAW STARS TO MARK YOUR LEVEL OF "GOODNESS" IN EACH AREA (WORDS, DEEDS, THOUGHTS, AND CHOICES):

Awesome				
Mostly				
Sort of				
Not at all				
	Good Words	Good Deeds	Good Thoughts	Good Choices

answers will vary

Xplore MORE

List ways your conduct shows that God's character is growing in you. (See Philippians 4:8-9.)

answers will vary

BIBLE VERSE

GOODNESS
MATTHEW 5:16

36

How to Be Trusted

FAITHFULNESS

Carlos, may I borrow your binoculars?
Sure, Paul. Take good care of them, please.

The Bible says God is faithful. That means He is loyal and keeps His promises. We can trust Him!

WRITE NAMES OF YOUR FAMILY MEMBERS FROM THESE GENERATIONS.

answers will vary

How long will God show His faithfulness to people who love and trust Him? (See Deuteronomy 7:9.)

↓

great-grand-parents grand-parents parents brothers sisters and you generations

MY JUNGLE ADVENTURE • LESSON 10

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My Jungle Adventure—Disciple Guide Answer Key—Lesson 10

Earning Trust

Paul, look at these stones!

Wow! They're awesome!

Carlos trusted Paul with his binoculars. What has God trusted us with?

gifts
1 PETER 4:10

spiritual blessings
EPHESIANS 1:3

wisdom/ understanding
PROVERBS 2:6 & 3:13-15

How can we be faithful with these things?

answers will vary

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Being Faithful

Paul, may I have the binoculars now?

Oh, no!

Draw lines to show ways you can be faithful.

GOD

OTHERS

YOURSELF

YOUR FAMILY

- Praying
- Keeping promises
- Doing chores
- Not listening to gossip
- Standing up for Jesus
- Doing your homework
- Finishing what you start
- Not wasting your talents
- Showing up on time
- Taking care of your body
- Returning what you borrow
- Sticking up for your brother

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HEART BEAT

Write two important ways you have been faithful.

1. _____
2. _____

answers will vary

Write two ways you can be more faithful.

1. _____
2. _____

Read Matthew 25:14-30, the parable of the talents.

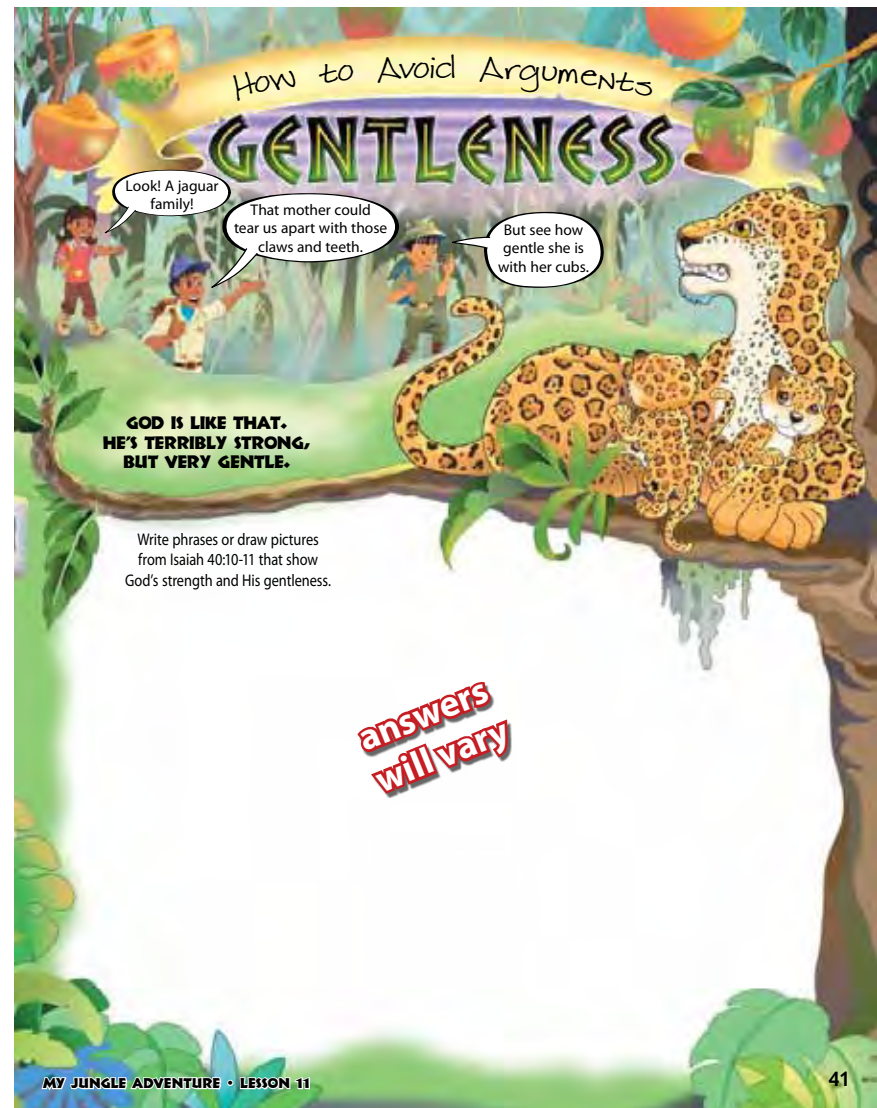
Name at least two gifts God has given to you.

How can you use them wisely?

answers will vary

FAITHFULNESS
MATTHEW 25:21

40



How to Avoid Arguments

GENTLENESS

Look! A jaguar family!

That mother could tear us apart with those claws and teeth.

But see how gentle she is with her cubs.

GOD IS LIKE THAT. HE'S TERRIBLY STRONG, BUT VERY GENTLE.

Write phrases or draw pictures from Isaiah 40:10-11 that show God's strength and His gentleness.

answers will vary

MY JUNGLE ADVENTURE • LESSON 11

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My Jungle Adventure—Disciple Guide Answer Key—Lesson 11

Gentle Actions

Look how she's cuddling her babies!

Do you think she'd let us pet them?

No. It's also her job to protect them.

Gentle people let God have His way instead of fighting for their own ways.

Some letters fell out of this Bible message, but at least they fell straight down. Help us put them back. (Hint: it's one of the Beatitudes from Matthew 5.)

b	L	e	s	s	e	d	a	r	e
t	h	e	M	e	e	k	f	o	r
t	h	e	y	w	i	l			
i	n	H	e	r	i	t	t	h	e
		e	a	r	t				

S D

L E S M E E R

B H E E Y E W K A F E

T T H E R I T I L L O

I N H E A R T H T H E R

What do you think this verse means?

42

Gentle Words

answers will vary

Cross out the ways a gentle person would NOT respond when he didn't get his own way or when she strongly disagreed with another person.

~~TOMP~~

~~OL~~

~~TH~~

~~OM~~

PRAY ABOUT IT

FIND A SOLUTION THAT WORKS FOR EVERYONE

~~SECRET~~

~~CARRY A~~

~~GRUDGE~~

LISTEN CAREFULLY

~~ARGUE LOUDLY~~

Read Proverbs 15:1.

WHAT DOES A GENTLE ANSWER DO?

turns away anger

WHAT DOES A HARSH ANSWER DO?

causes anger

43



HEART BEAT

Read 2 Timothy 2:23-26. Talk and pray with someone about how you can do a better job responding to arguments and quarrels. Write your conclusions here.

answers will vary

GET DRESSED!
Label the clothes that Colossians 3:12 tells Christians to put on.

humility

compassion

gentleness

kindness

patience

GENTLENESS
PHILIPPIANS 4:5

Circle the items that you still need to put on!

44

How to Break Bad Habits

SELF-CONTROL

Kids, we're almost back to the visitor's center.

Good, 'cause these bug bites are driving me crazy!

Don't scratch them. They might get infected.

It takes self-control not to scratch bug bites.

WE NEED SELF-CONTROL, TOO.

Cross out with an **X** mosquitoes that want to bite you with bad habits.

MAIL BITING

GOSPIPING

TOO MUCH TV

INTERRUPTING

PENCIL-CHEWING

LAZINESS

FINISHING

TEMPER TANTRUMS

MY JUNGLE ADVENTURE • LESSON 12

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My Jungle Adventure—Disciple Guide Answer Key—Lesson 12

Be Dead and Alive?

No way can I stop scratching!

You need this Fruit Formula one more time.

Yeah, if you're dead, you won't scratch.

Write the **FRUIT FORMULA** from memory.

my death to self + **Jesus' life in me** = **spiritual fruit**

Read 1 Corinthians 9:24-27.

Draw pictures or explain what happens to the person who:

LEARNS SELF-CONTROL **LACKS SELF-CONTROL**

answers will vary

Chip, stop scratching!

46

46

Exercise Self-control

Self-control is like a muscle. The more you use it, the stronger it gets!

HEBREWS 12:12 SAYS TO STRENGTHEN YOUR WEAK BODY PARTS!

Identify your favorite sport or hobby: _____

Name an occupation or job that interests you: _____

How is self-control important in this sport or job? _____

answers will vary

Unscramble these words to discover ways to strengthen your self-control muscles.

YRAP prayer (Matthew 26:41)

DRAWER reward yourself (Psalm 18:24)

Tell a **REDNIF** friend (Ecclesiastes 4:9-10)

RANTI train your body (1 Corinthians 9:27)

Hey! If we all hold hands, we can't scratch!

That's what friends are for.

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My Jungle Adventure—Disciple Guide Answer Key—Lesson 12

Look, we've finished the adventure!
Now kids, keep growing spiritual fruit!

I'm going to stay
glued to Jesus!

How about
you?

HEART BEAT

What bad habit do you want you to break?

Write one step you will take toward self-control.

Read Hebrews 12:4-11.
How many times does the word
discipline or **chasten** appear?

What can you learn about self-control from this passage?

Tell why discipline
and self-control
are important
for your future.

**XPLORE
MORE**

BIBLE VERSE

SELF-CONTROL
1 PETER 5:8

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