

Quiet-time Journal Pages

A Bible reading journal records your life journey. It helps track your growth and reminds you of what God has done along the way. Each journal page reveals your day's experiences, feelings, and ideas.

The following explains the journal page in more detail.

Morning—Record your quiet-time experiences.

Enter God's Presence: *First thoughts*—Humble yourself and focus on God.

Enjoy God's Fellowship: *Scripture Read*—Read your Bible!

Insights—Record your thoughts from reading.

Prayer Requests—Pray from your heart! Record your requests so that you may track God's responses.

Walk in God's Victory: *Action Plan*—Jot down "must do" items for today.

Through the day—Keep walking victoriously: rely on the Holy Spirit; resolve to obey; claim Christ's power!

Evening—Review your day.

Key Events—Summarize things you did—people you saw—places you went.

Thoughts & Feelings—Capture your insights about life, God, people, yourself, etc.

Victories & Failures—Note ways you succeeded and where you "missed the mark."

Talk with God—Close by praying about your day.

These journal pages are offered in two formats for your convenience. Feel free to create your own pages instead—personalize your Bible reading experiences!

JOURNAL

DATE:



ENTER
GOD'S
PRESENCE

FIRST THOUGHTS:

SCRIPTURE READ:
★ INSIGHTS:

ENJOY
GOD'S
FELLOWSHIP

PRAYER REQUESTS:

WALK
IN
VICTORY

ACTION PLAN:

REVIEW YOUR DAY
KEY EVENTS:



THOUGHTS & FEELINGS:

VICTORIES & FAILURES:

TALK WITH GOD:

JOURNAL

DATE:

FIRST THOUGHTS:

AM



FIRST THOUGHTS:

AM



SCRIPTURE READ:
★INSIGHTS:

SCRIPTURE READ:
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PRAYER REQUESTS:

PRAYER REQUESTS:

ACTION PLAN:

ACTION PLAN:

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GOD'S
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THOUGHTS & FEELINGS:

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TALK WITH GOD:

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