

# Encourage Others



## 2 Timothy:1-3

(Memory Time—1 Thessalonians 5:11 “Encourage others.”)

### Parent Partners

This week we learned how Paul encouraged Timothy with his our words. Words can lift us up or tear us down. Teach your child to use good words that encourage others. Practice specific phrases this week such as “Good job!” “Way to go!” “Nice try!” etc. Sing (to the tune of *The Farmer in the Dell*):

*I use my words, to say good things.  
I will only use my words,  
To say good things.*

### Spiritual Growth

Promote healthy living as grateful response to God’s gift of our bodies. Be sure to set your own example! Serve healthy foods after thanking God for them. Run and play together often for exercise.