



HOME FAMILY CARE AWARD



PROJECT: FAMILY CHORES SYSTEM

GOALS

- A. CHORE SYSTEM:** Complete the steps and choose a chore system with your family.
 - B. CHORE CHALLENGE:** Follow the family chore system for one week.
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A. CHORE SYSTEM

Every family has unique way of handling chores. As children get older, they typically will share family responsibilities such as cleaning, taking out the trash, and helping with the yard. Work together to find a chore solution that both parents and children can do.

Step 1—List Chores

- Work together to come up with a realistic list of chores needed on a routine basis.
- Write down “team” chores—that require everyone to pitch in (common rooms).
- List “individual” chores that would be easy to assign and have done by the end of the week by one family member.

Step 2—Brainstorm a Family Chore System

Work together to answer the following questions:

- Which chores are daily? Once a week? As needed? Once a month?
- What is the definition of a “job well done” so everyone knows when the job is complete?
- *For parents:* Which jobs are expected/required, and which would be “above and beyond” jobs that would earn money for the extra work?

Step 3—Create a Family Chore Board

Decide as a family how you are going to visually keep track of who is doing what job, when. For ideas, use websites such as Pinterest and search for images of Family Chore charts. Here are a few more ideas:

- *Chore Board:* Find a magnetic white board, bulletin board, small white board and to create a list of the family chores. Create a spot for each person, and obtain enough magnets or labels for each chore. Each week move the chore assigned to that person into his/her space. Make sure to create a column or row for chores that are “finished.”
- *Ping Pong Chores:* Write out all of the chores on several ping pong balls that are individual chores to assign. Each week each family member will draw chores at random. Get a small whiteboard to magnetically attach to the refrigerator to keep track of who is doing what task.
- *Weekly Printed Sheet:* Create a template for your “chore sheet” on the computer and print up copies that you can use each week. Peg in a visible place, and fill out who is doing what chore each week! Scratch them off the list as they are completed.



- **Family Chore Peg Board:** Paint a rectangular scrap of wood and add a hook or peg for each person in the family, and then one extra hook or peg for completed jobs. Label the person's name above the hook. Find small wood pieces with holes, or attach a string to make the pieces able to be hung from the pegs. Write the chores on the wood pieces. Each week move the tags to the person who is supposed to complete the chore. When a chore is completed, hang it on the finished chore hook.

B. CHORE CHALLENGE

As a family, try out your new system for at least one week. When your family is cleaning, add in fun things to make a dull job more interesting! Try out at least one of the following tricks to make cleaning more fun.

Ideas:

- Play fun kid friendly dance music while your family is cleaning
- Tell jokes while you are putting laundry away
- Make sound effects while you are doing the dishes
- Narrate the cleaning process like you are announcing plays at a baseball game
- Race to see who completes the most projects within a certain time
- Tell stories while you are cleaning

RESEARCH MORE

- Complete **Family Care: How to Clean Your House** for cleaning specifics
- Go to *Pinterest.com* and search for "Family Chores"
- Buy a pre-made family chore chart
- *Cleaning House: How To Get Your Kids Begging For Chores (Parents' Toolbox Book 1)* by Shannon Jensen (has great "cleaning games" ideas)

*My child has successfully completed the Project Goals for the topic—**Family Chores System**.*

Adult Signature: _____ Date: _____

(Complete SIX projects to earn your FAMILY CARE award)