



COMMUNITY **CITIZENSHIP** AWARD



PROJECT: MY FAMILY HERITAGE

GOALS

A. FAMILY HISTORY: Research your family's history and map a simple family tree.

B. FAMILY FOODS: Try a cultural food from your family heritage.

A. FAMILY HISTORY

Your family has a story. Your parents and grandparents may have traveled a long distance to live in your country, or your family line may have lived there for hundreds of years.

Step 1—Interview a Family Member

Interview at least one parent and one grandparent. If possible, interview one from your dad's side and mom's side of the family. Ask them the following:

1. Where are your ancestors from?
2. What country or what part of this country have they lived?
3. What do you know about how they came to this country?
4. What stories about my family members and ancestors have been passed down?
5. What else can you tell us about our family?

Step 2—Start Your Family Tree

Start mapping your family tree using the worksheet at the end of this document. Fill in the names of your immediate family, grandparents, and great grandparents. Write down their countries of origin next to their names!

Step 3—Map Your Family

Locate countries and regions from your family history on a world map.

1. Obtain or print out a world map (print from an online map).
2. Identify and mark on the map the areas that your family came from.
3. Use pins with masking tape and markers to write which family member traveled from a certain region or country.



B. FAMILY FOODS

- Sample at least one cultural food item from a country of your family's heritage.
- Ask a family member to take you to a local market that has food items from all over the world and look for a food item from your chosen culture.
- You can also visit a local restaurant or local grocery store that specializes in food items from that culture.
- Prepare or try at least one food item from that culture!

RESEARCH MORE

- *The Kid's Family Tree Book* by Carol Leavitt
- *Roots for Kids: A Genealogy Guide for Young People (2nd Edition)*, by Susan Provost Beller
- *Me and My Family Tree* by Joan Sweeney
- *Climbing your Family Tree: Online and off-line Genealogy for Kids* by Ira Wofman

*My child has successfully completed the Project Goals for the topic—**My Family Heritage.***

Adult Signature: _____ Date: _____

(Complete SIX projects to earn your CITIZENSHIP award)



MY FAMILY TREE

Fill in the names of your family members and their city/country of origin.

Great-Grandmother

Great-Grandmother

Great-Grandfather

Great-Grandfather

Great-Grandmother

Great-Grandmother

Great-Grandfather

Great-Grandfather

Grandmother

Grandmother

Grandfather

Grandfather

Mother

Father

Brother/Sister

Brother/Sister

Brother/Sister

Brother/Sister

MY FULL NAME